



A woman who rises is one who is *Committed*

*And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again.
2 Corinthians 5:15*

Introduction

When it comes to your commitment to Christ, are you all in? Are you willing to bet everything on God's goodness and faithfulness, regardless of your circumstances?

She understands the cost of discipleship.

A. Dying in order to live. Matthew 10:37-39; Luke 14:26-29; Colossians 3:2-4

What do you think it means to pick up your cross and follow Christ?

She trusts God's plan for her.

A. Job lost his wealth, family, and his health, yet he proclaimed, "though he slay me, yet I will hope in him." Job 13:15

B. Understanding God's love for us enables us to trust Him. Ephesians 3:18-19

How can understanding God's love for you help you to trust in His goodness and faithfulness?

Commitment as our spiritual discipline.

A. What does it mean to make a commitment?

B. To practice commitment we must:

- Be honest with ourselves about our spiritual strengths and weaknesses.
- Do the hard work of determining what needs to change for us to continue growing spiritually. (Deuteronomy 30:19-20)
- Set the standards that will keep us living within the parameters God has set for us. (Acts 2:42)

C. A standard is a level of requirement, excellence or attainment. It is the ideal of what we are working towards. Unlike a rule that can be broken, a standard can still be worked towards even if we sometimes fall short.

D. The four aspects of life we can set a standard for:

1. Relationship with the Lord and spiritual growth
2. Family
3. Ministry
4. Work

E. Journal questions to help you formulate standards for maintaining a commitment:

- What is the commitment you are making?
- What in your life do you need to change?
- What do you think God wants you to change in your life?
- What guidelines can you put in place to establish a standard for change?
- What do I need to do to implement the change in my life?
- Write the standards that will help you follow through your commitment.